

Grammar

Talking about routines and daily activities (Present simple-positive / negative form + adverbs of frequency / time expressions)

• Geniş zamanı, günlük rutinlerimizden ve alışkanlıklarımızdan bahsederken kullanırız.

I get up early every day. (Her gün erken kalkarım.)

• Olumlu cümlelerde, üçüncü tekil şahıslarla birlikte kullanılırken fiil genellikle **“s”** takısı alır: play - plays

• Fiil **“ch, sh, x, s, o”** harflerinden biriyle bitiyorsa **“es”** takısı alır: watch-watches

• Fiil **“y”** harfi ile bitiyorsa ve ondan önceki harf de sessiz ise, bu durumlarda **“y”** harfi düşer ve yerine **“ies”** takısı gelir: cry-cries

• **“have”** fiilini geniş zamanda üçüncü tekil şahıslarla birlikte **“has”** olarak kullanırız.

I **have** breakfast at 9 o'clock. (Saat dokuzda kahvaltı ederim.)

He **has** breakfast at 9 o'clock. (O, saat dokuzda kahvaltı eder.)

• Olumsuz cümlelerde, fiilden önce **“do not (don't)”** kullanırız. Üçüncü tekil şahıslarla birlikte **“does not (doesn't)”** kullanırız. Fiil yalın haldedir.

I **don't go** to school by bus. (Okula otobüsle gitmem.)

He **doesn't go** to school by bus. (O, okula otobüsle gitmez.)

• Sorularda da olumsuz cümlelerde olduğu gibi **“Do / Does”** yardımcı fiillerini kullanırız ve fiil yalın haldedir.

Do they swim at the weekends? (Onlar hafta sonları yüzerler mi?)

Does he swim at the weekends? (O, hafta sonları yüzer mi?)

• Geniş zaman cümlelerinde, **at nights / the weekends - in the mornings / afternoons / evenings - in winters / summers - on weekdays / Mondays - every day / week / Friday** gibi zaman ifadeleri ve **never (asla) - seldom / rarely (ara sıra) - sometimes (bazen) - often (sık sık) - usually (genellikle) - always (daima)** gibi sıklık zarflarını **özneden hemen sonra kullanırız.**

We usually go ice skating on Sundays. (Biz pazar günleri genellikle buz pateni yapmaya gideriz.)

She sometimes watches TV in the evenings. (O, bazen akşamları televizyon izler.)

EXERCISE 1: Order the words and write Bob's daily routine.



1



2



3



4



5



6



7



8

1. gets / at / o'clock / up / he / seven.

2. goes / in / he / park / jogging / the.

3. breakfast / o'clock / he / 8 / has / at.

4. his / at / start / nine / lessons / .

5. goes / he / friends / then / with / cycling / his.

6. his / dinner / homework / he / before / does.

7. hour / Net / for / the / surfs / half / he / an.

8. a / bed / book / and / to / reads / goes / he.

Bob has a typical daily routine. _____

He gets up at seven o'clock. He goes jogging in the park. He has breakfast at 8 o'clock. His lessons start at nine. He goes cycling with his friends. He does his homework before dinner. He surfs the Net for half an hour. He reads a book and goes to bed early.

EXERCISE 2: Complete the sentences with the correct form of “go”.

- 1 Mary and her friends go to the gym every Sunday.
- 2 How often does your sister go running?
- 3 Nina always goes on a healthy diet.
- 4 Does Peter go to the swimming pool to train every day?
- 5 My brother goes ice skating twice a week.

EXERCISE 3: Match the sentences with the pictures below.



1 C



2 B



3 A



4 D

A. My grandfather often works out in the gym.

B. Tony sometimes has injuries while playing football.

C. Vicky never eats junk food, so she is very healthy.

D. John always wins medals because he's a great swimmer.

EXERCISE 4: Fill in the blanks with “do / does” or “am / is / are”.

1. **Carla:** Do you always train very hard?
Jacey: Yes. I train for six hours every day.
2. **Violet:** How many spectators are there in the stadium?
Teresa: More than 500.
3. **Lucas:** Where is the equipment we need?
Ruby: In the garden.
4. **Felix:** Do your friends have energy drinks?
Jack: No, never.
5. **Sandra:** Do your parents do outdoor sports?
Alison: Yes. They go cycling and skiing.
6. **Mandy:** What are your daily activities?
Stella: I go jogging every morning and I ride my bike on Sunday afternoons.
7. **Axel:** Does Dennis wake up early?
Eric: Yes. He wakes up at 6 o'clock.
8. **Megan:** Do they compete in the races?
Helena: Yes, they join all the races in the town.
9. **Daren:** Does Kate do exercise regularly?
Bruce: Yes. She does exercise every day after school.
10. **David:** How often do you do sports?
Jacob: I am interested in doing sports, so I always play basketball, tennis and volleyball.

EXERCISE 5: Answer the questions on your own.

11. How do you start the day? Students' own answers.
12. Do you eat a full breakfast? Students' own answers.
13. What do you do to keep fit? Students' own answers.
14. What is your favourite sport? Students' own answers.
15. Would you like to join a sports camp? Why/Why not? Students' own answers.

Grammar

Present Simple (Question form)

Yes / No questions

• Evet / Hayır sorularında, soruya **“Do / Does”** yardımcı fiilleri ile başlarız ve fiil yalın haldedir. Kısa veya uzun cevap kullanabiliriz.

Carla : **Do** you do sports? (Spor yapar mısınız?)

Pete : Yes, I **do**. / Yes, I **do** sports. (Evet, yaparım. / Evet, spor yaparım.) No, I **don't**. / No, I **don't** do sports. (Hayır, yapmam. / Hayır, spor yapmam.)

Carla : **Does** Mary do sports? (Mary spor yapar mı?)

Pete : Yes, she **does**. / Yes, she **does** sports. (Evet, yapar. / Evet, spor yapar.) No, she **doesn't**. / No, she **doesn't** do sports. (Hayır, yapmaz. / Hayır, spor yapmaz.)

Information questions

• **Bilgi sorularına Who (Kim), What (Ne), When (Ne zaman), Where (Nerede), Why (Neden), How (Nasıl), How often (Ne kadar sıklıkta) gibi soru kelimeleri ile başlanır. Ardından “do / does” yardımcı fiilleri kullanılır ve fiil yalın haldedir.**

Carla : What sports **do** you do? (Hangi sporları yaparsınız?)

Pete : I play tennis and go jogging. (Tenis oynarım ve koşuya çıkarım.)

Carla : What sports **does** Mary do? (Mary hangi sporları yapar?)

Pete : She plays tennis and goes jogging. (O, tenis oynar ve koşuya çıkar.)

• Öznenin sorulduğu durumlarda **“do/does”** yardımcı fiilleri kullanılmaz. Fiil **“s/es”** takısı alır.

Ryan : Who plays tennis? (Kim tenis oynar?) Jade : Tom plays tennis. (Tom tenis oynar.)

UNIT 2

EXERCISE 1: Order the words and ask questions.

1.	often / the / does / how / pool / he / swim / in / ?	How often does he swim in the pool?
2.	equipment / to / what / do / skiing / need / you / go / ?	What equipment do you need to go skiing?
3.	sports / you / join / want / do / to / the / club / ?	Do you want to join the sports club?
4.	like / does / which / sports / James / most / ?	Which sports does James like most?
5.	team / in / how / are / players / many / there / the / ?	How many players are there in the team?

EXERCISE 2: Complete the dialogues with the question words in the box.

What

Where

Who

How often

How

1 How do you get to school?

Daniel

By bus.

Martin

3 What are your plans for the future?

Rachel

I'm planning to get the gold medal at the Olympics.

Adrian

2 How often does Nancy exercise in the gym?

Robert

Once a week.

Taylor

4 Who wakes up early in your family?

Rose

Olivia.

Willy

5 Where do you ride your bike?

Carter

In the park near our school.

Rachel

EXERCISE 3: Match the dialogues with the sports.

1. D **Kate:** Which equipment do you need for this sport?
Mia: A bow and arrows.
2. A **David:** How do you make a point?
Tony: You throw the ball over the net and it touches the opponent's side.
3. C **Linda:** Where do you do this sport?
Sarah: In the pool or in the sea.
4. E **Ruth:** How many players are there in a team?
Jane: 7.
5. B **Katie:** What do you do on Sunday mornings?
Alan: I work out with the weights.



EXERCISE 4: Ask questions for the underlined words.

6. **Tyler:** Do your family members go to bed early?
Milo: Yes, my family members go to bed early.
7. **Ashton:** How often do you go ice skating?
Piper: I go ice skating three times a week.
8. **Dean:** When does David do his homework?
Josie: David does his homework in the evenings.
9. **Daisy:** Where do the football players train?
Lane: Football players train in the field.
10. **Steven:** Does your mother always go on a diet?
Aspen: Yes, my mother always goes on a diet.
11. **Eddie:** How much money do you need to buy the equipment?
Larry: We need 50 dollars to buy the equipment.
12. **Westly:** What does Jane want to do in the future?
Billie: Jane wants to win a lot of medals in the future.
13. **Alfred:** Do you sometimes have injuries?
Foster: No, I never have injuries. Archery is a safe sport.
14. **Gibson:** How do you start the day? / What do you do to start the day?
Jenny: I always get up early and have a big breakfast to start the day.
15. **Farah:** Who always eats health food?
Milton: Frank always eats healthy food.

EXERCISE 5: Answer the questions according to yourself. Give short answers.

1. Do you often do sports? Students' own answers.
2. Does your mother exercise regularly? Students' own answers.
3. Do you have a special diet? Students' own answers.
4. Does your friend go jogging in the mornings? Students' own answers.
5. Do you go on holiday every summer? Students' own answers.